

SERVICES FOR SABBATH 1st September 2012

BIBLE STUDY HOUR – 10:00 am

The topic for this quarter is: **“1 and 2 Thessalonians”**

This week’s study is on the topic “Second Coming” led by John Walton

DIVINE SERVICE – 11:15 am

Praise and Worship	Worship Team
Welcome and Invocation	
Opening Hymn	SDAH# 71 “Come, Thou Almighty King”
Prayer	
Scripture Reading	John 6: 22-59
Tithes and Offerings	
Children's Story	Pr. Marcel Ghioalda
Special Music	Davies-Browne boys
Sermon	Pr. Marcel Ghioalda
Closing Hymn	SDAH# 245 “More About Jesus ”
Benediction	Pr. Marcel Ghioalda

AFTERNOON PROGRAMME

Continuation of the themes from the lesson 14:15pm

Minister:

Pr. J. Marcel Ghioalda: 01738 850 399
Mobile: 07814 009 063
Email: marcel@sdascotland.com
Web: www.sdascotland.com

Sunset Times:

Sabbath 31st August – 8:11 pm
Friday 7th September – 7:53pm

Church Address:

Rennell Road
Dundee, DD4 7DU
www.adventistdundee.com

Elders:

Pr. Neil Robertson: 01337 840109
Email: n.robertson@onetel.net

Dr Bankole Davies-Browne: 01334 657636
E-mail: bdaviesbrowne@hotmail.com

Mr Goodmore Kanyongo: 01382 623555
E-mail: kanyong@accamail.com

Mr Pavel Novotny: 01575 572739
E-mail: pavlc@yahoo.fr

Mr Brenya Obeng: 01382 804372
Email: brenyaobeng@yahoo.co.uk

Dr John C. Walton: 01334 474244
E-mail: jcw@st-and.ac.uk

THOUGHT FOR THE WEEK

Filler Up!

Burned out. Out of gas. No energy. Running on empty. Exhausted. Have you ever felt this way? I have had more days like this than I care to admit. There are times when I have so much on my plate that I can actually feel myself shutting down both mentally and physically. I am unable to think without feeling as if I am walking through a thick fog, and even the simplest of tasks become hard to accomplish. *Could I actually be suffering from “burnout”?*

In today's society and with our busy lifestyles life can be overwhelming at times. But I don't want to live my life “running on fumes”. Fumes are toxic and dangerous to inhale. They do nothing to sustain life. They are often fatal. When I allow myself to give in to burnout and become physically and mentally shut down, I not only risk my physical, mental and emotional well being, but I am unable to function as the person God has created me to be.

Burnout is caused from **stress** and **overwork**. When I feel as if the world is caving in around me, I must take an internal inventory, take my spiritual temperature and ask God for His wisdom and guidance. The best thing that I can do when I find myself running out of gas is to pull into God's gas station and ask for a **“filler up”!** His Word is life to my soul and fills my tank with spiritual gas so that I can hit the ground running again.

With God, my burden is light.

For my yoke is easy to bear, and the burden I give you is light.” (Matthew 11:30 NLT)

He cares for me.

Casting all your anxieties on him, because he cares for you. (1 Peter 5:7)

He is my strength.

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. (Isaiah 41:10)

He gives me rest.

He lets me rest in green meadows; he leads me beside peaceful streams. (Psalm 23:2)

He keeps me in perfect peace.

You will keep in perfect peace all who trust in you, whose thoughts are fixed on you! (Is. 26:3)

Are you feeling burned out today? If so, pull into God's gas station and ask for a “filler up”! And make sure you don't pull out of the station until your tank is filled to overflowing!

ANNOUNCEMENTS

* **Welcome.** The pastor and congregation are delighted to welcome you to Dundee Seventh-day Adventist Church; especially if this is your first visit. May our time together be blessed! All are invited to join us for lunch after the service.

* **Youth Advisory** - a planning meeting scheduled for 8th September (14:30), is to take place at Marcel's house. The youth leaders (and assistants) are invited to participate.

* It is with sadness that the church family is grieving once again, at the loss of Raquel's dad. The family is in our prayers and our thoughts.

* **Harvest Festival.** Dundee SDA church will again be supporting local charity **Dundee Foodbank** by providing them with tinned and non-perishable foods. As we consider how God has blessed us let us show His love to the needy. The charity has asked us to specially provide food such as tinned ready meals, tinned carrots, tinned potatoes, tinned tomatoes, pasta sauce and tinned fruit. Alternatively give a monetary donation to Brenya Obeng.

* **J Walk** On the 22nd September, Crieff church is hosting **J Walk** - a series of Bible characters which met Jesus will tell of their stories. The event will be open to church members from 14:30 onwards at 20 min intervals. If any members would like to attend, please let Marcel know so that in turn, he can let the organisers know as well.

* **Alden Thompson** - leading SDA expert on Ellen White and Inspiration and a best-selling author will give seminar series in Crieff on Thursday and Friday 27-28th Sept. and in Dundee on Sabbath 29th Sept. He is offering four of his books at a special price. Anyone interested please contact Pastor Marcel Ghioalda.

* **Bible Study/Prayer meeting** – The Bible Study takes place on Wednesdays at 6.30pm in the church in the church at 6:30 pm.

* **Shoebox Appeal** There are several weeks till our Shoebox Festival on October 20th so why not buy one item a week to spread the cost (about £10)? Each shoebox should have: a bar of soap, toothbrush, toothpaste, notebook, pencils, coloured pencils, eraser, pencil sharpener, pencil case, small toy, flip flops, (clothes and pants optional). A poor child will be thrilled to get these basic supplies, so why not start buying tomorrow –r give a donation to Jane who will shop for you.

* **Camp Meeting.** With Dwight Nelson and Dejan Stojkovic at the Windmill Christian Centre, Arbroath, Thursday 25 to Sunday 28 October. All who plan to attend must register and pay the fee. Registration forms are attached to the notice board – **deadline for applications October 11.**

* **Mother & Toddler's Group** – we would like to invite all who can and wish to, to assist us in the running of the Toddler Group on a Tuesday morning (10:00 – 12:00).

* **Bulletin.** Meeting organisers please Email details of themes, hymns and other items or announcements for next week's Bulletin to Petra (petra.spacilova@gmail.com) on or before the Wednesday preceding the Sabbath. Want to know what's happening but missed getting a Bulletin? Surf the web to www.adventistdundee.com and then click on "Bulletins".

Future Preachers:

8th Sept – Pr. Marcel Ghioalda [C]
15th Sept. – Pr. Marcel Ghioalda
22nd Sept. – John Wilby
29th Sept. – Dr Alden Thompson

Future Events:

8th Sept. Communion service
15th Sept. – Harvest Festival
29th Sept. – Seminar with Alden Thompson
6th Oct. - International Day
20th Oct. – Shoebox Festival
25-28th Oct. - SM Camp Meeting, Arbroath
with Dwight Nelson & Dejan Stojkovic



SEVENTH-DAY ADVENTIST CHURCH



DUNDEE CHURCH BULLETIN

-- September 1st 2012 --

*We extend a warm welcome to you and hope you
enjoy worshipping with us today!*

Receiving God's grace in our hearts
Responding to God's grace in worship
Reflecting God's grace to each other
Revealing God's grace in service